



GUIDELINES & EXPECTATIONS

REP TEAM PRACTICES

Starting in October | 2X week | 1.5 - 2 hrs each session | Gym TBD

Upcoming season will fall between Mid - October 2024 to May 2025.

GAME PLAY

20 to 30 games throughout the year across Ontario. Parents will be responsible for transportation to and from games; Games include registration in MYBL, OBL & OBA Cup, along with additional tournaments/leagues.

JERSEY

Includes Home & Away Jersey, Shorts, Short Sleeve Warm-up, Practice Jersey & Backpack are supplied.

TRYOUTS

Saturday/Sunday, September 7th & 8th, 2024

Located at BreBeuf College: 211 Steeles Ave, North York.

Division/Times:

(Boys/Girls) U10 - U13 | 2pm - 3pm

(Boys/Girls) U13 - U14 | 3pm - 4pm

(Boys/Girls) U15 - U16 | 4pm - 5pm

Cost of tryout: \$30 per player.

ESTIMATED COST OF REP SEASON

estimated cost \$1,800-2,000 (price is broken down into instalments throughout the year).

RECOMMENDATION

Register for your preferred Skills Lab and House League program.

If your player makes the Rep team, the fees paid for House League will be applied to your Fall Rep Fees.



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EXPECTATIONS OF PARENTS & CODE OF CONDUCT REQUIREMENTS:

- Parents will be expected to get their son/daughter to practice/games on time.
- Support your son/daughter by attending games, whenever possible.
- Embrace that this is your child's journey, not yours. Do not live vicariously through them. Put your focus on being a supportive & encouraging parent.
- Make sure your child attends all practices; proactively communicate to your coach when unable to attend a practice or game.
- Be supportive of the coaches & all other players; exhibiting a positive attitude around the players & other parents.
- Be respectful of officials & other teams' fans; display good sportsmanship.
 - As a program, we have zero tolerance for abusive language, vulgarity & constant negative remarks to game officials, opposing team parents, players or fans.
 - Our Coaches are instructed to ask our TAC Force fans to stop this during games & report any persistent behavior of this nature to the TAC Force Program Directors.
- Refrain from coaching from the stands/sidelines at practice & games. This is the job of the coaches, not their parents in the TAC Force program. Cheer all you want, but please do not coach them from the stands.
- Encourage your child to communicate any concerns or questions directly with their coach. This will help the coach understand & communicate directly with the player vs. through a 3rd party.
- **2 Practice Rule:** Until you, as a parent, have attended 2 practices; please do not call the coach with complaints about playing time, etc. Until you've attended 3 practices to see your son/daughter's effort & attitude in practice, teamwork, etc; coaches will not tolerate having discussions on this nature.
- No videotaping of practices without consent of coach prior.



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- Communicate with the coach in appropriate ways; discuss your concerns off the court & in private.
 - **Practice the "24 Hour Rule"**: Wait 24 hours to pass before contacting the coach regarding something; it will allow time to think about the situation before addressing, taking the emotion out of it. If you feel you are not being heard by the coach after taking this approach, please reach out to the TAC Force Program Directors.
- Please do not undermine your child's coach in the car ride home, dinner table, etc.
 - Subtle, passive aggressive comments like: "your coaches doesn't know what he is doing" or "I can't believe you don't play more" do not comfort your child (whether that is your intention or not).
 - This enables your child to have a bad attitude & to make excuses; both, of which, are unacceptable.
- Hold your child accountable to the player expectations at all times. It is the goal of TAC Force to improve your child as a basketball player, but also to aid in developing them into confident, proud, respectful & good citizens.
- Remember that the game of basketball is fun & parents should strive to keep it that way.
- Remember that you represent your family, community & the TAC Force family at all times.

PHILOSOPHY REGARDING TEAMS & PLAYING TIME

Team Selection:

- TAC Force is a competitive program; we look for serious basketball players who want to work & elevate their games.
- We are not interested in having as many teams as possible; we are interested in making our players better on & off the court.



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- Roster spots are earned each year, not automatically given to a player's year-over-year. This promotes hard work during the off-season.

Playing Time:

- Playing time is dictated by a player's effort, attitude & attendance – No Questions Asked.
- We will not reward a player that doesn't have the best interest of the team in mind at all times.
- Coaches do their best to even out the playing time, but playing time can fluctuate game-to-game based on the player's expectations & factors.

VIOLATION OF GUIDELINES/EXPECTATIONS:

All TAC Force Parents & Spectators will be held accountable to the above guidelines & expectations. Any suspected violation may & should be reported to the TAC Force Program Directors. Individuals in violation of any of the above expectations & guidelines may be asked to leave practice, tournament or team function. The TAC program comes first; no one person or player is bigger than the entire program. If problems continue to persist throughout the year, additional action may be taken to remove the Parent or Player from the TAC Force program. We are proud that this has not been an issue before & the goal of this document is to keep it that way.

Sincerely,

Coach Everton Clennon
Director of basketball and Expansion
TAC SPORTS

Tyrone Stephenson
Basketball Academy Director
TAC SPORTS